

The background of the poster is a collage of boxing-related images. On the left, a boxer in a blue shirt and black shorts is in a boxing stance. In the center, a boxer in a blue shirt with 'CORPORATE RUMBLE' printed on it is visible. On the right, a boxer in a red shirt and red gloves is shown. The background is split vertically, with the left side being dark blue and the right side being red. At the top, there is a grey banner with a row of black stars.

# PRO9 CORPORATE RUMBLE



TERRACE  
*Events*

**BOXER INFORMATION**

**A**  
**ANARCHY**  
TRAINING CENTRE

**28 MARCH 2020 • [WWW.PERTHCORPORATERUMBLE.COM.AU](http://WWW.PERTHCORPORATERUMBLE.COM.AU)**

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# SO YOU THINK YOU HAVE WHAT IT TAKES?

Welcome to your official Pro9 Corporate Rumble Boxer package that contains all the information you will need to know if you are up for the challenge.

The birth of white collar boxing in the 1980s has proven to hold its tradition and continues to gain popularity all over the world from bouts between Wall Street bankers in New York, the financial leaders of London to the stock brokers of Hong Kong, and now to the corporate guns of Perth.

We invite you to become apart of white collar boxing history.

West Perth based boxing gym Anarchy Training Centre will open their doors to 24 brave boxers to take on the 8-week training program commencing on the 1st February 2020.

If you are looking for a new challenge and want to step outside your comfort zone or simply get into the best shape of your life, this is the perfect opportunity.

With the support and guidance of your coach, be prepared to watch yourself transform mentally and physically in preparation for the big night on March 28.

The Pro9 Corporate Rumble is a once in a lifetime experience shared amongst a special group of contenders that develop life-lasting networks and friendships.

Together, be apart of a great cause and unforgettable night that you won't regret - win, lose or draw!







# PRO9 CORPORATE RUMBLE 2020

Anarchy Training Centre and Terrace Events have come together to give 24 brave boxers the experience of a lifetime at Perth's favourite white collar boxing event - the Pro9 Corporate Rumble.

Held at the Perth Convention and Exhibition Centre on the 28th March 2020, this unforgettable night will be an evening of entertainment, passion, dedication and clean fun.

Some of Perth's biggest corporate names and most glamorous guests will walk the red carpet all in good sporting fun to help raise awareness and support for Happiness Co.

Guests will sip on premium beverages as they enjoy a three-course dinner experience, soak up the atmosphere and nights entertainment while cheering on their favourite boxers.

With live video streams of the boxer warm ups, stage introductions as well as footage of the blow by blow action, the night is set to pack a punch!

We have invited bold and brave participants who believe they have what it takes to triumph against an evenly matched opponent. Boxers are prepared to battle it out in front of a 1,000+ crowd to showcase their new found skills and confidence in bouts of 3 x 2 minute rounds.

With the formalities wrapping up at 11:30pm, guests will see the Bellevue Grand Ballroom transform into the PCR after party. The ballroom will come alive with Perth's top DJ's as guests are invited to dance the night away and join in on the celebrations.



# IMPORTANT DATES

EVENT	DATE	LOCATION
Information Night	16th January 2020	Anarchy Training Centre 505 Newcastle Street, West Perth
Training Commences	1st February 2020	Anarchy Training Centre 505 Newcastle Street, West Perth
Official Weigh In	27th March 2020	Anarchy Training Centre 505 Newcastle Street, West Perth
Pro9 Corporate Rumble Event Night	28th March 2020	Perth Convention and Exhibition Centre - Bellevue Ballroom
Wind Up and Presentation Night	3rd April 2020	TBA



# COMMITMENT AND SAFETY

## YOUR COMMITMENT

By taking on the Pro9 Corporate Rumble, you are not only entering into the world of white collar boxing but you are also joining the Anarchy Training Centre and Terrace Events family. Lock yourself in for 8 weeks of fast-paced training to get yourself fighting fit in preparation for the big night.

We encourage all boxing participants to sell a minimum of two tables to friends, family, work colleagues or clients to get behind you on the night.

## YOUR SAFETY

Your safety is our number one priority. Anarchy Training Centre will be providing participants with a training program to have you feeling confident and prepared to step into the boxing ring on March 28.

Private PCR group training will focus on sparring, defence and boxing technique, whilst the Anarchy Training time table will have you fit and ready to compete.

You will be in good hands as you surround yourself with the team at Anarchy who will provide not only physical but also emotional support.





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# THE RULES

The Pro9 Corporate Rumble prides itself on being in accordance with the Department of Sports and Recreation- The Combat Sports Commission.

As stated by the department, all boxers must oblige to the following:

- Boxers must wear protective gear including gloves and head wear;
- It is compulsory to wear a mouthguard during training and your fight;
- All boxers must be cleared to fight by the medic;
- All boxers to be matched fairly and accordingly at the discretion of the organisers;
- All boxers must attend the official weigh in;
- The weight division will comply similarly with the categories associated with the Professional Boxing Commission;
- There will be 3 judges representing the Department of Sports and Recreation- Professional Boxing and Scoring System, sitting ringside on the night of the event;
- Each fight is judged under the professional boxing rules system under the '10 points must system';
- A doctor will also be present on the night of the event; And
- The Pro9 Corporate Rumble is sanctioned under the Department of Sports and Recreation- Combats Sports Commission.



# YOUR BOXING MATCH

After the 8-week training program you will be ready to showcase your new found skills!

Each contest will consist of the following:

- Contest is in bouts of 3 x 2 minute rounds;
- Just like any main card event, there will be a live feed for the audience to see boxers warming up before their big fight;
- Each boxer will have their own walk out song;
- Boxers will be kept backstage in the 'Boxers Area' to be correctly warmed up and kept feeling relaxed and confident before their fight;
- The winner of the fight will be presented with the championship belt and the runner up will be presented with a medallion; and
- Again, your safety is our number one priority and although this is a contact sport we are all here for the same reasons - to have fun, fight for a cause and get fit.

# TRAINING PROGRAM

The journey to the Pro9 Corporate Rumble starts at Anarchy where boxers follow a detailed program aimed at teaching the art of boxing, commencing on 1st February, 2020. With the support and guidance of your coach, be prepared to watch yourself transform mentally and physically.

The 8-week training program will include:

- Full class membership access at Anarchy;
- Four private PCR group classes each week focusing on sparring, ring craft, defence and all things boxing.

The four private PCR group classes will be held on;

- Tuesday 6:30pm
- Thursday 6:30pm
- Saturday 9am
- Sunday 9am

It is compulsory to make two of the private PCR group classes per week and at least one other session, whether it be the private group sessions or any other on the Anarchy Training Centre timetable.





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# ENTRY FEE

The Pro9 Corporate Rumble is offering participants an affordable entry price of \$3,200 + GST.

The entry fee covers boxers for the following:

- 8-weeks of professional boxing training including a full class membership at Anarchy Training Centre and four private PRO9 PCR group classes per week;
- Boxing kit including boxing gloves, hand wraps and protective gear;
- Personalised boxers kit including boxing shorts and singlet with your sponsor's logo featured across the chest of the singlet;
- The boxers registration with the Department of Sports and Recreation- The Combat Commission; and
- A PCR team Wind Up and Presentation Night will be held to celebrate the success of each participant finishing the Pro9 Corporate Rumble and to present our partnering charity the total raised amount from the night.

We encourage all boxers to find a sponsor to cover the cost of their entry fee.

As a part of the sponsor a boxer package, your sponsor is given a once in a lifetime opportunity to watch, support and assist your head coach ring side during your boxing match.

**\*Personal 'Go Fund Me' or similar revenue raising pages are strictly prohibited\***

*This is due to the Entry Fee not being a charitable donation. It avoids confusion to anyone contributing to your Entry Fee thinking they are making a donation to our chosen charity.*



# MEET THE COACHES

## **GLEN AUSTIN**

With over 15 years of boxing experience, Glen turned professional after a successful amateur career. His current pro-boxing record is 7-0. Having competed across a variety of combat sports, Glen brings a wide range of training skills and techniques to his workouts. In the past 10 years Glen has worked as a boxing trainer. With vast experience training professional and amateur boxers he combines those skills with a friendly and approachable energy to train anyone in boxing for fitness from beginner to advanced.

## **NIGEL GROVES**

Nigel is the current Metropolitan Heavyweight Champion and undefeated in both Pro Boxing and MMA. He is no stranger to what it takes to become ready for a big fight night and with years of experience under his belt he passes his knowledge on as a boxing coach.

## **CHRIS CHIARI**

Chris first started training at Anarchy in 2016 before taking on the PCR challenge the following year. Since, he has been involved in each event helping mentor and train the boxers throughout their 8 week journey. He also had his first fight under the WA amateur boxing association in 2017.

## **CYLA MAGUIRE**

Cyla is a familiar face down at Anarchy and has cornered both amateur and professional boxers. She has been fighting amateur boxing for 4 years and recently made her Pro Boxing debut in 2017 winning by knock out.

# MEET THE TEAM

**SIMON CROSSLAND**  
Director / Event Manager

**GLEN AUSTIN**  
Director / Head Coach

**NIGEL GROVES**  
Director / Boxer Manager

**MACE TURCO**  
Director / Finance Manager

**ANTONY CROSSLAND**  
Director / Consultant

**BRI SHEPPARD**  
Marketing Coordinator







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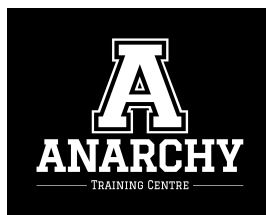
# ABOUT ANARCHY TRAINING CENTRE

Anarchy Training Centre is more than a gym. We are a fun, positive and happy community who believe in creating the kind of inclusive training culture that builds confidence, skill, self-esteem, health and wellness.

Our energetic group classes offer exciting, motivating, original and continually evolving workouts. All instructors are specially qualified to observe correct form in each client, and will provide personalised attention for those new to training, rehabilitating from injury or advancing quickly in skill and fitness.

The large facility means we have the ability to run multiple sessions at once, alongside our individualised Personal Training programs and with enough space to also accommodate a massage room, boxing ring and weight section with plenty of floor space in between.

Whether you are a new to the world of fitness or you are a seasoned professional athlete, we cater our training to you and work to help each individual to reach his or her personal goals.





# ABOUT TERRACE EVENTS

Terrace Events are a corporate based events management company that inspires to innovate new and enticing events to Perth's corporate social calendar, best known for:

- Perth's EOFY Cocktail Party
- Perth's Biggest Office Party
- Pro9 Corporate Rumble

Combining years of experience in management, marketing and public relations, the team have solidified annual events that are renowned for their grand execution and vibrant atmosphere.

Terrace Events represents a collaboration between the Terrace group and our partners who share in the excitement of generating fun and classy events to Perth and allows corporates to expand their networks in a relaxed and enjoyable environment. Our venues are chosen as iconic destinations to draw activation to key areas of Perth and feature local bars, restaurants, catering groups as well as local musicians and talent.

TERRACE  
*Events*

The Pro9 Corporate Rumble is proud to raise much needed funds to the following charity for 2019.



Happiness Co has touched the lives of more than 50,000 thousand individuals with its head of a business, heart of a charity model. The company, and its causes, pays tribute to loved ones lost to suicide, with the ultimate vision to reduce the impact unhappiness has on the world. Fuelled by The Happiness Co Foundation, the mission to touch 10 million lives in 10 years is becoming more attainable every day with the support of individuals, schools and corporate partners.

With a belief in solutions over statistics, and action over awareness, Happiness Co has fast become a leader in the space of mental health and is recognised for their pre-emptive approach to unhappiness. With an ability to create one of a kind live workshops and programs, Happiness Co continues to grow as an award-winning social movement and community group like no other. Together we can make the world a happier place, by inspiring the people in it.



# EVENT TICKETING AND INFORMATION

Tickets to this incredible event sell out fast each year so it's important to rally up your family, friends and work colleagues early to ensure tables are secured and no one misses out.

## Pro9 Corporate Rumble

**When:** Saturday, 28th March 2020  
**Where:** Perth Convention and Exhibition Centre  
**Time:** Doors open at 6:30pm  
**First bout:** 7:30pm sharp  
**After party:** 12:00 am until 2:00am

## TICKETS

Tickets are inclusive of a three-course dinner experience, 6.5 hour drink package (beer, sparkling, wine and soft drink) and all night entertainment.

## TABLE PRICING - (TBA)



**BOB  
PHARLAD  
FORREST**

**Merchant  
GROUP**

**BRE  
MOD  
AI**

**PRO  
CORPORATE  
RUMBLE**

**KINGSPORT**

**KINGSPORT**

**KINGSPORT**



# CONTACT US

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# FAQ

## **Will I Get Hurt?**

Boxing is a physical combat sport and injuries can occur. This is why the Pro9 Corporate Rumble takes your safety very seriously. It is very important participants attend the minimum amount of training sessions stated to help prevent injuries. The Pro9 Corporate Rumble prides itself on complying with the Department of Sports and Recreation- The Combat Sports Commission. We endeavour for all participants to have a fair and even opponent and will keep a close eye on the progression of each participant throughout the training program.

## **Do I Need To Be Fit?**

All levels of fitness are welcome! Outside of the private trainings, you can join in on any of the Anarchy timetable classes which help to build fitness and have you feeling confident to step into the ring in March.

## **Do I Need Previous Boxing Experience?**

No - All you need is passion! You will be taught correct techniques and helpful tips to get you mentally and physically prepared.

## **What Can I Expect At Training?**

There will be four Pro9 PCR private group classes each week that will focus on sparring, ring craft, defence, fitness and all things boxing. You will also have a full class membership access to The Anarchy Training Centre timetable which is designed predominantly around fitness.

## **Do I Have To Get In The Ring And Spar?**

Yes. Sparring may sound scary but it is necessary to prepare you for what to expect on the fight night. Everyone is in the same boat and the team at Anarchy will build your boxing skills to a level where you will be able to spar safely and proficiently.



# FAQ

## How Often Should I Be Training?

It is compulsory to make two of the private group classes per week and at least one other session, whether it be the private group sessions or any other on the Anarchy Training Centre timetable. We strongly recommend this to be a minimum as we will be keeping an eye on your progress and matching you with an opponent. It is vital that we see progression in your training for safety reasons to be able to match you up in an even and fair match.

## What If I Can't Make The Training?

By signing on to the Pro9 Corporate Rumble, you are making a commitment for the next 8-weeks to yourself. We understand with work and personal commitments it won't always be possible to make the minimum boxing sessions. We appreciate you keeping open communication with your coach on the occasions that you are not able to make sessions.

## How Are The Fights Matched?

The Pro9 Corporate Rumble endeavours to match opponents fair and evenly, whilst complying with the Department of Sports and Recreation- The Combat Sports Commission. Matching takes into account weight, age, experience and ability. We aim to match as evenly as possible to provide the best fights on the night.

## How Are The Fights Judged?

Each fight is judged under the professional boxing rules system under the '10 points must system'.

## Who Sanctions The Events?

The Pro9 Corporate Rumble is sanctioned under the Department of Sports and Recreation- Combats Sports Commission.